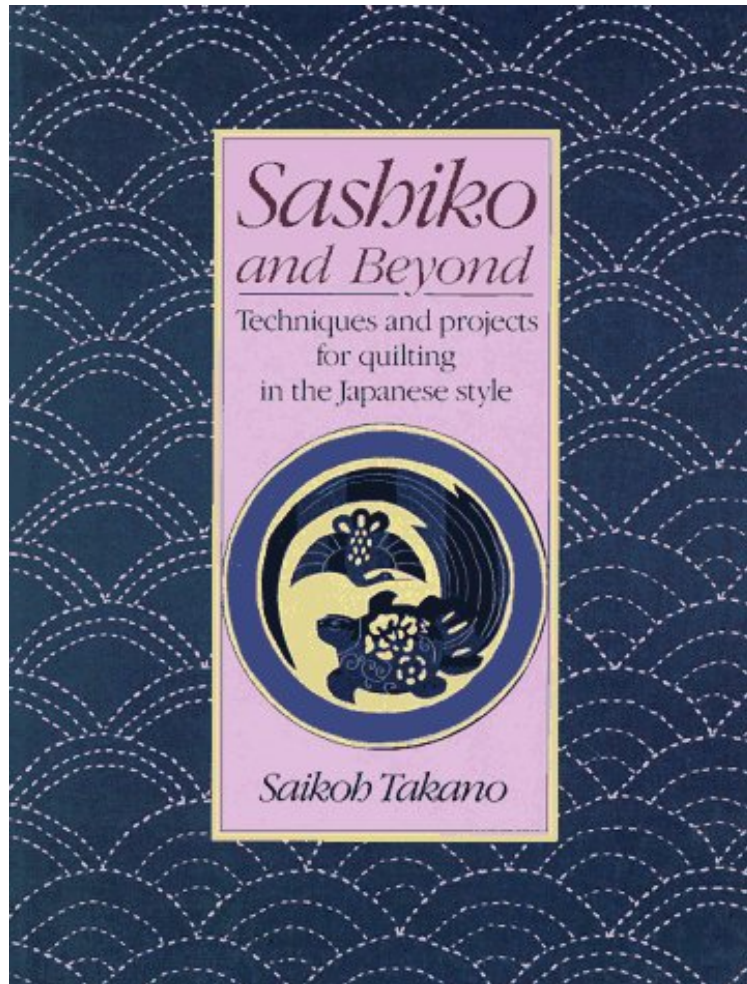


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## Sashiko and Beyond: Techniques and Projects for Quilting in the Japanese Style

Saikoh Takano

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By Nancy TanI love this book. I am fairly new to Sashiko and this book provided very clear directions for how to transfer patterns to fabric, how to make several stitch patterns, and how to make positive and negative appliques. It also offered patterns that included the simple to the complex. The projects are not only beautiful but also practical. I will be putting this book to

good use over time and think it should be in all Sashiko libraries.

1993 large paperback on sashiko and beyond techniques and projects for quilting Japanese style. book has slight edgewear.

.com From the Japanese word for running stitch (literally, "little stabs"), sashiko is an ancient Japanese hand-quilting technique that has evolved into a versatile method for creating complex stitched designs on fabric items. *Sashiko and Beyond* explains the techniques involved, then carefully diagrams 16 traditional sashiko designs, followed by instructions for 15 applique and patchwork designs. A selection of 12 projects rounds out the discussion, with instructions, photos, and diagrams for place mats, pillows, wall hangings, clothing, and other items. The lovely sashiko patterns range from abstract geometrics loosely derived from natural forms such as tree bark, leaves, waves, and shells to more realistic images of flowers, butterflies, and fans.