

[Free and download] Savor Each Stitch: Studio Quilting with Mindful Design

## Savor Each Stitch: Studio Quilting with Mindful Design

*Carolyn Friedlander*

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**Carolyn Friedlander : Savor Each Stitch: Studio Quilting with Mindful Design** before purchasing it in order to gage whether or not it would be worth my time, and all praised Savor Each Stitch: Studio Quilting with Mindful Design:

0 of 0 people found the following review helpful. An essay on design inspiration, not a pattern bookBy KristannaThis isn't your traditional quilt pattern book. It reads more like a giant essay on quilt design ... the book is beautiful to look at and inspirational to read through, though. There's something very organic and modern about this book, and I like it on my coffee table, as it provides a really calming read at the end of a long and tiring quilting session. It's sort of like mint tea. There aren't a lot of patterns I want to make from here, but that's not the point. The author is much more interested in getting you to think and be inspired to make your own things than follow what she did.3 of 3 people found the following review helpful. Love it! She's so talentedBy KarenMLove it! She's so talented. It's very interesting reading if you're ready to try designing quilts on your own or following her patterns for contemporary quilts. Make it part of your quilting library. I did.1 of 1 people found the following review helpful. Modern Quilters delight!!By S.

GillilandGreat collection of modern quilt ideas! And a great coffee table book if you aren't a quilter!! I took a class with Carolyn at Quiltcon West in Pasadena, CA in Feb 2016, and we made Facing East from this book. Loved Carolyn, the class, the quilt, and now I want to make everything else in this book!

Savor the creation process. In *Savor Each Stitch: Studio Quilting with Mindful Design* you are encouraged to enjoy the entire process of making a quilt, not only the finished project. Play with 8 graphic quilt designs. In this inventive pattern book, you will discover a myriad of design possibilities in 8 featured quilts. A finished quilt's appearance is impacted by your design decisions and materials choices, such as: Fabrics Line Contrast Scale Emphasis Color Volume Textures Discover design possibilities. From table runners to full-size quilts, each project inspires you to play with the design possibilities and delight in the unique, artistic process of building your very own quilt. Follow the leader. You can choose to follow the book's inventive patterns or branch out on your own creative trail. The variety of techniques and experimentation with fabrics will appeal to quilters, who are looking to take time with their work to savor the creation of lasting, one-of-a-kind pieces. You are guided by thoughtful instruction, colorful illustrations and over 100 photographs of zany, bold, bright and beautiful quilts. For the confident beginner quilter and beyond All of the projects are labeled easy or intermediate to guide your choice

December 2014 How aptly entitled is this book? You really are going to savour not just the stitches but the designs, the whole package. The front cover gives you a good idea of what you get. Contemporary design at its best. Great colourways, fantastic workshops, simple effective design. The contents are split into Line, Contrast, Scale, Colour, Emphasis, Volume and Texture. Techniques, Workbook Pages, Templates and Resources are also included. Every craft book should look as good as this - congrats to the Lucky Spool graphic design team. Everything is clearly laid out with beautiful photography. Everything is easy-to-follow. I want to make every quilt in this book. Carolyn's work deserves this treatment. Find ideas and inspiration to make great quilts. This book is a real keeper, it's an 11 out of 10. It has to be my favourite quilt book of all time. I highly recommend you buy this, it is fantastic. Karen Platt  
Yarnsandfabrics.co.uk/crafts At the core of Carolyn Friedlander's book are eight gorgeous patchwork blocks - the starting point from which she explores the craft that goes into quilt design. Each of the projects is created to demonstrate how different design principles can completely change the outcome of your creation - experimenting with lines, contrast, colour, scale, emphasis, texture and volume to spawn endless ideas from these few blocks. It's a dreamy, inspirational book - but don't doubt the value of these blocks, as they're all more than just a little bit special. The Facing East block is a masterpiece, and we've already seen some quilters create some beautiful projects with this fun, but complex pattern. Quilt Now  
About the Author Carolyn Friedlander is a designer working from her hometown of Lake Wales, Florida, an environment she enjoys for its warm weather, few distractions, and potent community of quilters and crafters. In her work, she draws inspiration from features of the Florida landscape its long leaf pines, palmettos, water, scrub land, sandas well as her background in architecture. You can follow Carolyn and her work on her website ([carolynfriedlander.com](http://carolynfriedlander.com)) and blog ([carolynfriedlander.com/blog](http://carolynfriedlander.com/blog)).