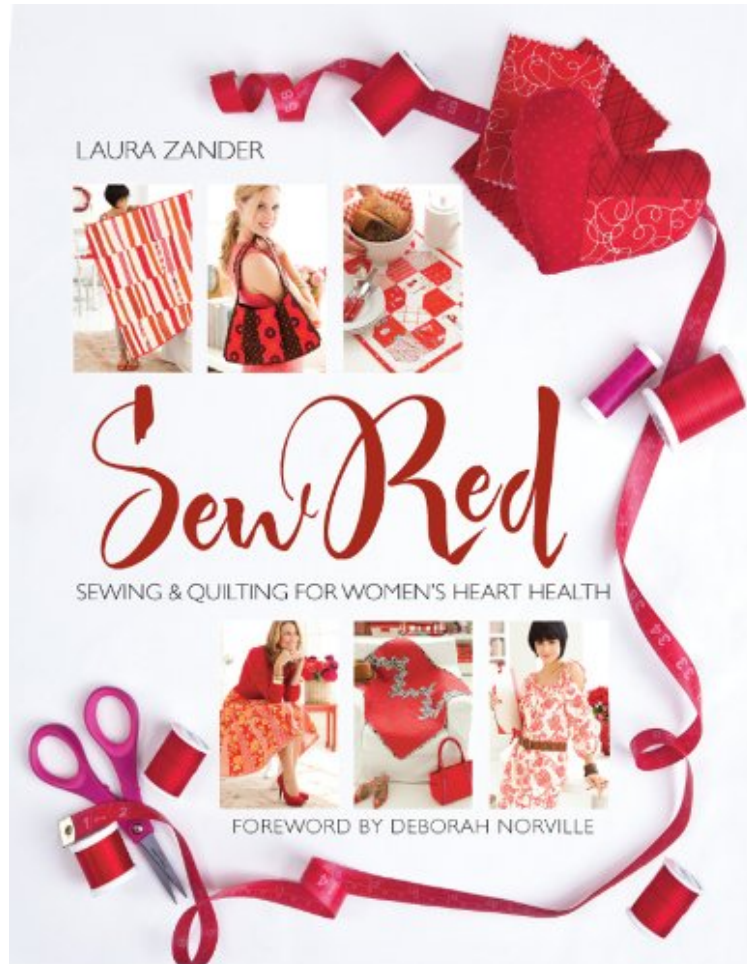


(Download) Sew Red: Sewing Quilting for Women's Heart Health (Stitch Red)

Sew Red: Sewing Quilting for Women's Heart Health (Stitch Red)

Laura Zander

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Laura Zander : Sew Red: Sewing Quilting for Women's Heart Health (Stitch Red) before purchasing it in order to gage whether or not it would be worth my time, and all praised Sew Red: Sewing Quilting for Women's Heart Health (Stitch Red):

This beautiful follow-up to Knit Red features stunning designs from more than 25 top sewing and quilting celebrities, along with three 28 x 40 black-and-white pattern sheets. But this is more than a book of breathtaking projects: it's part of Stitch Red, a campaign started by Jimmy Beans Wool founder Laura Zander to educate women about heart disease and help them take charge of their heart health. Each showcased designerincluding Amy Butler, Denyse Schmidt, Anna Maria Horner, Ty Pennington, and Kaffe Fassettshares his or her experience with heart disease and offers tips

for staying healthy.