

(Free and download) Smart Lotionmaking: The Simple Guide to Making Luxurious Lotions, or How to Make Lotion That's Better Than You Buy and Costs You Less (Smart Soapmaking)

## Smart Lotionmaking: The Simple Guide to Making Luxurious Lotions, or How to Make Lotion That's Better Than You Buy and Costs You Less (Smart Soapmaking)

Anne L. Watson

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**Anne L. Watson : Smart Lotionmaking: The Simple Guide to Making Luxurious Lotions, or How to Make Lotion That's Better Than You Buy and Costs You Less (Smart Soapmaking)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Smart Lotionmaking: The Simple Guide to Making Luxurious Lotions, or How to Make Lotion That's Better Than You Buy and Costs You Less (Smart Soapmaking):

123 of 123 people found the following review helpful. For newbie lotion crafters By Michele Lee I have been making my own soaps and creams for years now but always like to see what's new. While the recipes in here are very good, there is nothing new if you are experienced at making creams and lotions. If you have never made lotion before, this would be THE book to get. My favorite one is out of print and I have not seen it sold anywhere. This book is strictly for making body lotions. No creams or facial products. If you have ever gone to any lotion crafting websites then you will be familiar with all of the ingredients in here. If this is your first time making lotion, Anne describes everything that you will need and why. That said, you will need a gram scale since they are more accurate and, while the ounces are also given in each recipe, using grams is actually easier. You'll also need to find some e-wax since all but one of the recipes use it. No substitutions are given. I like to use xanthan gum but it tends to make a sticky product. It also

happens to be easier to find locally. Other ingredients that you may need that recipes use are stearic acid, vitamin E, preservative, and conditioning emulsifier, which is also called BTMS. And then there are oils and butters, which should be easy to find. There are a couple of recipes that call for goat's milk and one that uses almond milk. Of course, you could substitute milk for the water in any of the recipes. I made a goat's milk lotion one time and it was incredibly thick. Be aware that adding milk will do that. Getting lotion into bottles presents its own challenge, which Anne is up for. Follow her directions and you will be bottling lotion like a pro. I use wide-mouthed small jars but I don't sell my lotions and creams. Everybody in the house gets their own jar. If you want to make your own recipes, Anne covers that in detail. She also tells you what to do if you want to start your own lotion-making business. And there is a troubleshooting section. Finally, there is a list of suppliers in the back, which includes suppliers in several other countries besides the US. These are the most popular ones. If you want to make all-purpose body lotions, get this book. You truly will be making anything better than what you will find in a store. 0 of 0 people found the following review helpful. Make Your Own Fantastic Lotion! By A Reader This is a fantastic book on making your own lotion from The Smart Soapmaking Lady. We discovered her Smart Soapmaking and Smart Milk Soapmaking books several years ago. We love making our own soap and all of our family and friends are impressed and delighted when we give them our soap. Smart Lotionmaking is every bit as good. I would say that sometimes her directions and layout are a bit confusing, but it is worth putting in the effort to figure it out because the content is pure gold. You can customize your lotion and make lotion--heavier, lighter, customized oil, scented or unscented. I find it to be relaxing to go into my kitchen to play mad scientist lotionista. 0 of 0 people found the following review helpful. Great book! By TAW This book covers just about everything I could think of. Recipes, step by step directions, what oils to use, what lotions are good for what, frequently asked questions, testing your lotion, myths and probably more that I can't think of. Oh it even covers equipment needed and sanitizing! It's easy to read and follow. I love this book and can't wait to make lotion. FYI - I have bought other books by this author and loved every one.

\*\*\*\*\*#1 AMAZON.COM BESTSELLER IN BEAUTY GROOMING (JULY 2014)\*\*\*\*\*#1 KINDLE (US) BESTSELLER IN BEAUTY FASHION (JULY 2014)\*\*\*\*\*#1 AMAZON.COM BESTSELLER IN CRAFTS HOBBIES (JULY 2014)\*\*\*\*\*#1 AMAZON.COM BESTSELLER IN SOAP MAKING (JULY 2014)\*\*\*\*\* SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Do you love the feel of a good lotion but find yourself unhappy with the cost, or wary of the chemical ingredients? Do you ever wonder if you could make it for yourself at home? Are you afraid to try because the lotion might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion from scratch. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a fraction of the cost. // Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington. // "The definitive guide to lotionmaking." -- Donna Puizina, Ekoaromas, Lafayette, New Jersey "Spells out everything and makes it easy to understand." -- Cheryl McCoy, Emerald City Soap, Haven, Kansas "Anne makes it so much fun, and so easy." -- Mary Jean Hammann, Grandma Jean's Soaps and Lotions, New London, Ohio "So logical and easy to understand that my first batch was a success AND a sell-out!" -- Susan Dinion, Holiday Farm Handmade Goods, Berlin, Massachusetts // CONTENTS A FEW FIRST THOUGHTS LIES AND LOTIONS (Myths About Lotion and Lotionmaking) LOTION LINGO (Learning the Jargon) WHAT IS LOTION, ANYWAY? (What It Is and What Goes Into It) THE TWO WAYS TO SANITIZE LOTION (And How to Choose Between Them) WHAT DO I PUT IT IN? (Choosing Your Bottles) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) STEP-BY-STEP LOTIONMAKING (From Prep to Cleanup and Beyond) TESTING YOUR LOTION (Making Sure It's Safe) MORE RECIPES! (Different Lotions You Can Try) MILK LOTION RECIPES (Treating Your Skin to Milk) DESIGNING YOUR OWN (How to Create Great Recipes) TROUBLESHOOTING (Tricks, Tweaks, and Fixes) MAKING IT A BUSINESS (How to Go Pro, Not Bust) WHY? WHY? WHY? (Frequently Asked Questions) WHERE TO READ MORE WHERE TO GET TESTING WHERE TO GET SUPPLIES

From the Author "The definitive guide to lotionmaking." -- Donna Puizina, Ekoaromas, Lafayette, New Jersey