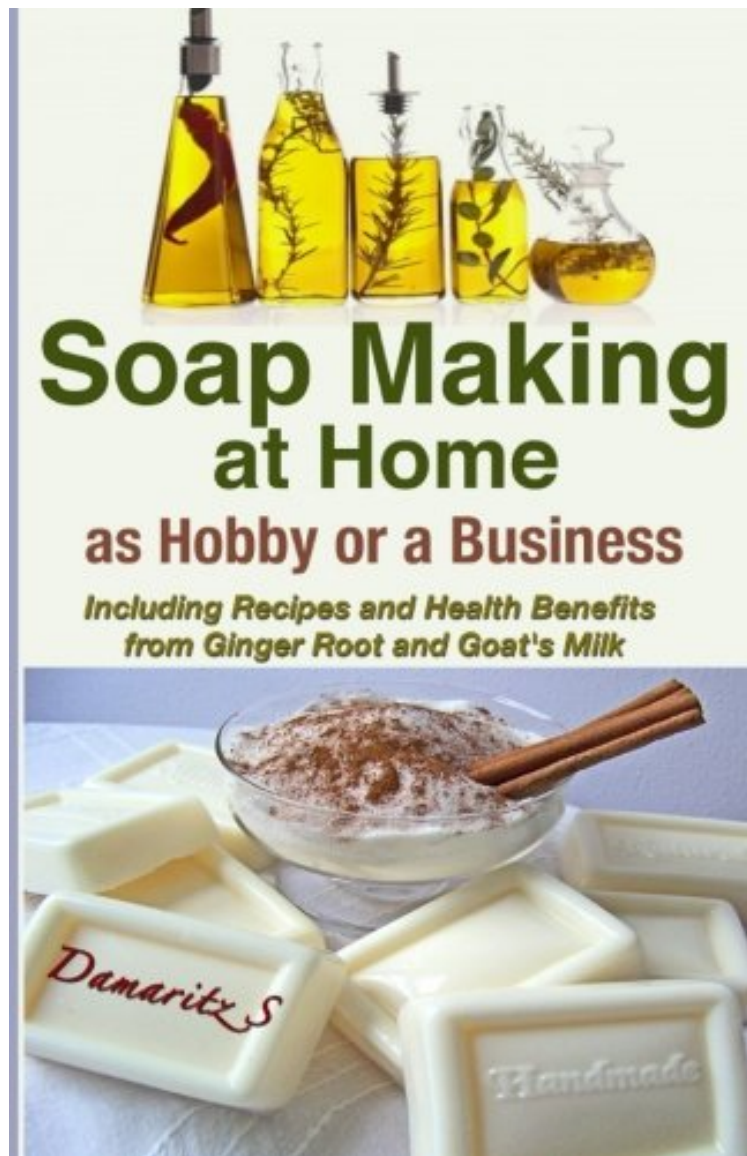


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Soap Making At Home As a Hobby or a Business: Including Recipes and Health Benefits from Ginger Root and Goat's Milk

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4 of 4 people found the following review helpful. DisappointingBy Patrice VanSlykeDisappointing, not very professional. Only 37 pages - including the title page, table of contents, disclaimer, and dedication pages. The contents of this book would have fit in a brochure except for the large (black and white, blurry) pictures and double spacing in a lot of places. If you are a beginner - save your money and buy a book that is more helpful. Also, the title says "as Hobby or a Business", there is nothing in the book about selling your product.0 of 0 people found the following review helpful. Wasn't too happy with it.By Rich H.Unfortunately this book was a disappointment. It lacks content and is poorly written.

WHAT IS SOAP, ANYWAY? By making your own soap, you reduce the amount of chemicals you are using in your skin-care products. This is a great option for people with allergies or sensitive skin, as it can reduce irritation caused by the chemicals found in commercial products. There's nothing better than making your own. Soap is a product used for cleaning and personal hygiene, made from all-natural ingredients such as plant oils, animal fat, vegetable oils, or other oils such as coconut, castor, or olive oils. It is emulsified through a hot or cold process. Making soap at home is a creative and cost-effective hobby; most ingredients can be readily purchased in health food stores or online. There are a few different ways to make soap from scratch. This basic melt and pour recipe can be customized with essential oils to suit your taste. Natural soaps are popular and the organic ingredients used to make these posh soaps are considered a luxury. The most common ingredients found in hand made soaps are milk based using some of the following add ins: Olive Oil, Avocado, Coconut, Palm, Sunflower, Shea butter, Aloe

About the Author Damaritz has been encouraging her family, friends, acquaintances, co workers and every person she meets to try and make their own soap simply because she does and has been enjoying such wonderful results. Because of her enthusiasm, some have tried and made their own soap at home and are also taking pleasure in their new hobby. she wrote this book to reach the masses and encourage them also to try this wonderful hobby. Her favorite part in this hobby and a business is where most the attention is importantly placed on the musical scale system, essential oils have a top, middle and base note. Top notes scents provide that first flush of scent. Middle notes take longer to notice and provide body to a scent blend. Base notes are rich, heavy scents and long lasting. They are slow to evaporate and act as a fixative in a blend. To make a well balanced blend, it's a good idea to try to pick oils from each category. During Damaritz existing period of research, she came upon essential information which she has included in this book for persons who are really thinking about starting making soap. Today more than ever people are becoming less tolerant of skin care products that contain harmful chemicals and are moving toward more organic and natural products. Making your own soap at home is an easy way to know exactly what goes into your products, and including ingredients such as ginger root and goats milk can be highly beneficial. Some people believe that gingers fresh fragrance actually improves thinking. Ginger is known for its ability to improve circulation in the body. The fatty cream in the goats milk acts as a natural moisturizer, keeping the skin smooth. Goats milk is also rich in vitamins, especially vitamins A and D. When used in soap, these vitamins help feed the skin and are absorbed into the body. The proteins in goats milk have even been found to have antibacterial properties that help reduce the spread of acne. So, soap made from goats milk is perfect for teens!