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# Soap Making: The Complete Beginners Guide To Making Natural Soaps At Home, Plus Simple And Easy DIY Soap Recipes! (Soap Making Advice, Aromatherapy, How To Make Soap)

Charlotte Morrison

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Charlotte Morrison : Soap Making: The Complete Beginners Guide To Making Natural Soaps At Home, Plus Simple And Easy DIY Soap Recipes! (Soap Making Advice, Aromatherapy, How To Make Soap) before purchasing it in order to gage whether or not it would be worth my time, and all praised Soap Making: The Complete

## Beginners Guide To Making Natural Soaps At Home, Plus Simple And Easy DIY Soap Recipes! (Soap Making Advice, Aromatherapy, How To Make Soap):

2 of 2 people found the following review helpful. This is for melt and pour soap, not CP/HP like the picture shows. By Denise MaGee First of all, I do have a problem that the author chose a picture of soap made by hand with lye and used it as the cover of a book about glycerin (aka melt and pour) soap. They are two different things. One is not necessarily better than the other, just different and it's misleading. While I got the book while it was free, I was specifically looking for cold process or hot process information, which is what is shown. So this book is about how to make melt and pour soap and gives specific 'recipes' with scents, colors and other additives. Unlike what a couple of the other reviewers said, I do know that there are melt and pour soaps that are SLS and SLES free. [Note: they might also be labeled as detergent free]. You might not be able to find that at a craft store, but there are many vendors online that can be found. Also, even if the soap you choose to use isn't 'detergent free', they do have glycerin added to them so you are able to melt them. Glycerin adds moisture to the skin. Online vendors will also have fragrance oils, soap colorants and sometimes additives you may be looking for like activated charcoal or clay. You also do not need to stick to 'soap' molds. Any silicone or candy mold will work as well. I do agree with any plastic items or molds used as only for soap. However, glass and stainless steel, unless scratched, should be just fine to use for food as long as you wash it very well. If you plan on making soap on a regular basis, then by all means have a separate set of equipment though. It's just easier in the long run. There are a few recipes that call for lavender buds or dried rose petals. Know that these will turn brown and not really look well in your soap within a week. Calendula flowers do keep their pretty yellow color and add a nice texture. If you add 2 tablespoons of honey to your soap, it's probably not going to lather very well. I'd also suggest grinding down the oatmeal for a soothing bar. Leaving it whole will give it exfoliating properties. I'm not well versed in essential oils, but I do know that some can be irritating to the skin. Fragrance oils that say they can be used in soap are fine, but pay attention to the percentage allowed. Do not use food coloring. It can stain the skin. If you don't believe me, put a drop on your finger and then try to wash it off. While the small amount used to make soap is not likely to do that, I'd hate for anyone to have a bad experience. If you are truly interested in making melt and pour soap, I'd recommend watching some videos. 'Dean Wilson' and Louise at '805 Soap' are both very easy to understand and generous with information. Happy soaping!

0 of 0 people found the following review helpful. Very basic By Tom Canterbury I bought this because we are considering making our own soap. Very simple book and super easy read. Several typos in the book itself and a lot of cut and paste in the recipes due to the simple recipe methodology written here. Some of the equipment listed contradicts other books I have read on soapmaking. Many books are warning about use of some thin glass measuring cups because some of them have shattered in more complex soap recipes. With her soapmaking process I don't think there is anything to worry about with this as she uses soap bases instead of mixing lye into some of the soap recipes. I have not tried any of these recipes yet but believe they would turn out an excellent product. I think this can be a lot of fun and using her book is a good introduction into soapmaking.

2 of 3 people found the following review helpful. Disappointed By rjc618 This book does not provide any instruction to make natural soap. This is strictly melt and pour! Melt and pour soap bases are FULL of chemicals and often exacerbate skin issues. Save your time and money, pass on this misleading title.

**Soap Making The Complete Beginners Guide To Making Natural Soaps At Home, Plus Simple And Easy DIY Soap Recipes!** Do you love artisanal soap but don't know how to make them? Are you drawn to the luxurious ingredients in homemade soaps and which you knew more about the process? Do you think that making soap at home is messy and too complicated? Homemade soap doesn't have to be hard to make. It can be easy and fun once you know how to make soap following the simple directions found in this book. In this book, **Soap Making: The Complete Beginners Guide to Making Natural Soaps at Home, Plus Simple, and Easy DIY Soap Recipes!** You will learn just how easy and enjoyable making soap can be. You will discover: Fast and easy recipes for making soap at home Simple ingredients that can be found locally Inexpensive methods for making your soap look expensive and artisanal Soap recipes for fighting acne and dry skin Use essential oils to make your skin glow and your complexion radiant