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Soapmaking the Natural Way: 45 Melt-and-Pour Recipes Using Herbs, Flowers Essential Oils

Rebecca Ittner

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Rebecca Ittner : Soapmaking the Natural Way: 45 Melt-and-Pour Recipes Using Herbs, Flowers Essential Oils before purchasing it in order to gage whether or not it would be worth my time, and all praised Soapmaking the Natural Way: 45 Melt-and-Pour Recipes Using Herbs, Flowers Essential Oils:

0 of 0 people found the following review helpful. Happy buyer! Good book!By TeslaAnother great book for new or fairly new soap makers. Lots of great recipes and directions!1 of 1 people found the following review helpful. Great book with new ideas!By Roseanne M.I have way too many soap books, but I'm always looking for some new ideas. This has some great ideas for using natural colorings with Melt Pour, that I would have typically used normal soap dyes. Also, there are some really cool ideas for additives and molds.Some of the really interesting projects:Himalayan Pink Salt soapCaffe LatteOcean Breeze with Dead Sea SaltLemon Poppy Seed Muffin Berry SmoothieCedar

ForestTangerine DreamVanilla SundaeMint ChocolateBamboo Garden,Brown Sugar and VanillaLemon Bars (which look good enough to eat!)Energizing lemongrassTropical Dream (cover photo)Fruity cupcakesAnd many more!!I'm very happy with this book, and the recipes I've already tested!0 of 0 people found the following review helpful. Pretty basic.By SixeyesPretty basic.

Made with the safe and simple melt-and-pour method, these projects feature a range of eco-friendly and animal-free ingredients, from oatmeal and lavender to honeysuckle and clay. The ins-and-outs of soap bases, colourants and essential oils all receive detailed attention.

From BooklistThe title begs the question, If soap, like the famed 99.44 percent pure Ivory, isnt natural, then what is? Ittner clarifies the answer in her introductory chapter, explaining that she intended to avoid all animal and petroleum-based products, synthetic colorants and fragrances. That said, the rest is amazingly easy. Take run-of-the-mill kitchen equipment such as measuring spoons and double boilers, mix, then heat in the stove or microwave; add other techniques, from embedding objects to layering and swirling; and its soap. She spends many pages detailing the natural materials, colorants, additives, and scents for a good foundation; the next four chapters are devoted to 45 recipes, each with color photographs, lists of materials and tools, and easy-to-follow numbered instructions. Choose among the different soap properties (soft, smooth, exfoliation, cleanse, and luxurious) to yield such products as calming jasmine and green-tea soap, cornmeal and wheat germ scrub, and energizing lemongrass soap. Embedded are sidebars on soap success, to ensure quality products, and a final chapter on packaging, with details on bags, tags, and paper wraps. --Barbara JacobsAbout the AuthorRebecca Ittner is a magazine and book editor, writer, photo stylist and craft enthusiast. Her work has been featured in many magazines craft books. To see more of Rebecca's work, visit rebeccaittner.etsy.com or read her blog at livelovecraft.com.