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# Sweet

*Alan Hayes*

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**Alan Hayes : Sweet** before purchasing it in order to gage whether or not it would be worth my time, and all praised Sweet:

This guide explains how to create a range of natural and home-made products using sweet scents. It shows how to make crystallized flowers, herbal jams, herbal drinks and floral desserts. For the craft-minded there are lavender bottles, scented coathanger bags and herbal after-shave lotion.