

# The Beginner's Guide to Herbal Soap Making: How to Create Artisanal Herbal Soaps

*Sophia Johnson*

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**Sophia Johnson : The Beginner's Guide to Herbal Soap Making: How to Create Artisanal Herbal Soaps** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Beginner's Guide to Herbal Soap Making: How to Create Artisanal Herbal Soaps:

Tired of picking up the same old soap? Why not make your own? And this book will show you how! Finding the right soap can be very frustrating. Sure its easy to pick up the most popular brand, but is it what your skin needs? You may not be aware of it, but by using commercial soap, youre exposing yourself to potentially harmful substances that can aggravate your skins condition daily. Just take a moment to look at the ingredients list of popular soaps and youll be

surprised by what you'll discover. Triclosan, Dioxane, Sodium laurel sulfate (SLS), Diethanolamine (or DEA), Formaldehyde, Parabens What do these ingredients mean? Are they worth taking the risk for? Does your skin deserve all these extra ingredients? If you're looking to pamper your skin with the best ingredients that Mother Nature has to offer, then it's time that you get into herbal soap making. Herbal soaps will not only make your skin healthier, but you'll also find comfort in knowing that you're using all natural ingredients to cleanse, moisturize, and heal your skin. The great thing about soap making is that you have full control over the ingredients that you want to use. You can mix and match different ingredients to perfectly suit your skin's needs. Once you've gotten a hang of making your own soap, you wouldn't want to touch another commercial soap again. Why pick up any soap that has the word natural stamped on it when you can make your own specially handcrafted soap? In this book, you'll learn how to make your own herbal soap in the comforts of your own home. It's packed with soap recipes designed to address all sorts of skin conditions. Instructions are pretty straightforward and you don't need special equipment to get started. Still not convinced? Here's a preview of what you'll learn: Why make soap? The tools of the trade 3 soap making techniques for every beginner 10 soap making tips every beginner should know 25 herbal soap recipes And a lot more! So what are you waiting for? If you're ready to get started on the wonderful world of soap making, buy this book today! Your body will love you for it.