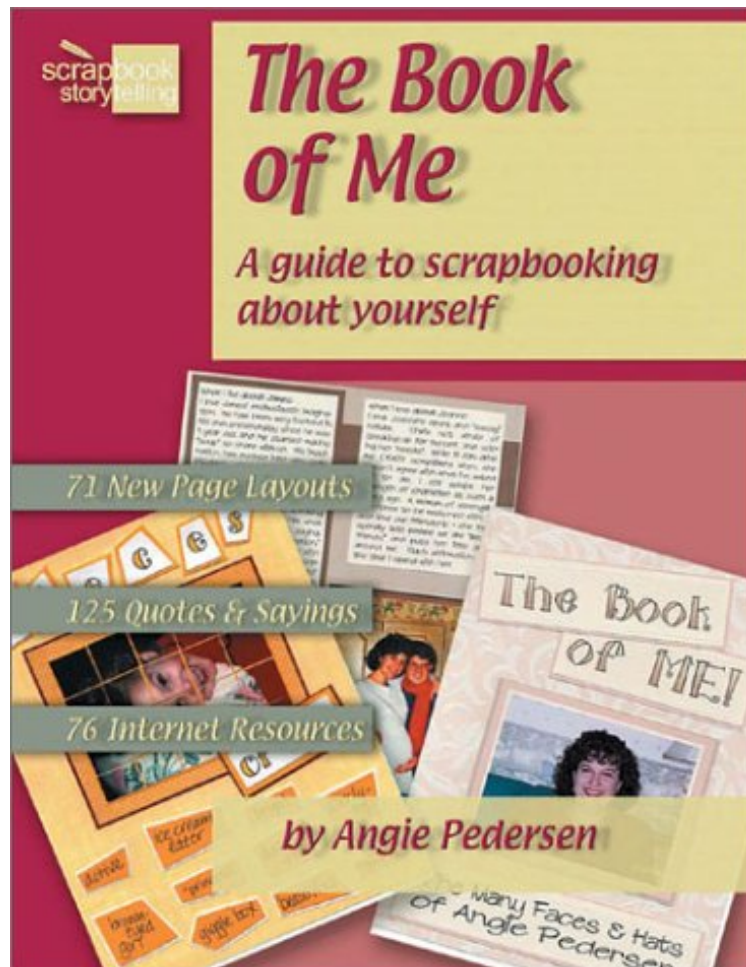


The Book of Me: A Guide to Scrapbooking About Yourself

Angie Pedersen

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#855785 in Books EFG 2002-04Original language:EnglishPDF # 1 .21 x 8.40 x 10.78l, #File Name: 193050008480 pages | File size: 68.Mb

Angie Pedersen : The Book of Me: A Guide to Scrapbooking About Yourself before purchasing it in order to gage whether or not it would be worth my time, and all praised The Book of Me: A Guide to Scrapbooking About Yourself:

2 of 2 people found the following review helpful. Finally something I can find time forBy Barbara RoseI retired a couple of years ago, and 5 weeks later my elderly parents moved back here from Florida for me to take care of them. Unfortunately, any ideas of traveling or a hobby that required my attendance at regular intervals (Yoga, any kind of clubs, exercise class, etc.) went down the tubes. Scrapbooking is one of the few things other than reading that I can manage to work in. Luckily I have an area where I can lay things out, work on them, and if I have to leave quickly, I just leave it in place. Since I'm in my 60's, I didn't want to work on a scrapbook of grandkids, as their mothers are doing that. I wanted to scrapbook things relevant to me, where I am right now, as a kind of therapy. This book gave me some good ideas, and then other ideas took hold. I think it's a great book, and boy, did I get it at a great price. Also, there are few book like this for people who want to scrap, but don't have tons of pictures, and actually want to combine

scrapping with a personal journal. I'm glad I got it.0 of 0 people found the following review helpful. Self scrap book guideBy CustomerA different set of ideas of how to scrap book yourself....highly recommend0 of 0 people found the following review helpful. I Love it. Great and many suggestions for topics to ...By CustomerI Love it. Great and many suggestions for topics to do a scrapbook about Me. Many title that I wouldn't think about.

Many crafters use scrapbooking to preserve the lives of their children, loved ones and friends. This unique title encourages them to put the spotlight on themselves! Angie Pedersen shows them how to recognize and record their own life's work - from childhood and adolescence to adulthood. This interactive, step-by-step guide helps scrapbookers identify their roles and write about the importance of each. A variety of concepts for every role and time period are illustrated with sample scrapbook pages.