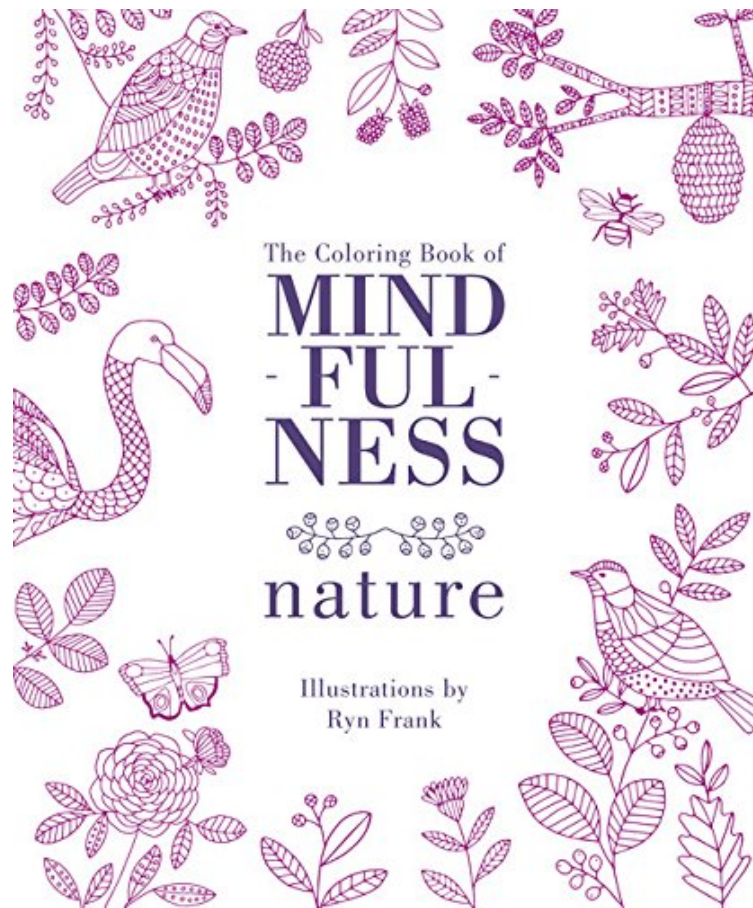


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Continuing the two bestselling subjects right now, The Coloring Book of Mindfulness: Nature follows on from the original The Little Book of Mindfulness, which has sold 300,000 copies worldwide to date, and The Coloring Book of Mindfulness, which has already achieved sales of over 300,000 copies worldwide. With 45 original illustrations, this book is an enchanting collection of images of the natural world to color in. Also included is a brand-new selection of inspirational quotes to enable you to practice the continually popular discipline of mindfulness. This is the perfect book for anyone wanting to relax the mind, body, and spirit while exploring their inner creativity.