

The Creamy Craft of Cosmetic Making with Essential Oils and Their Friends

Jan Benham

ePub | *DOC | audiobook | ebooks | Download PDF



#4682794 in Books 1996PDF # 1 #File Name: B001KAIRI696 pages | File size: 68.Mb

Jan Benham : The Creamy Craft of Cosmetic Making with Essential Oils and Their Friends before purchasing it in order to gage whether or not it would be worth my time, and all praised The Creamy Craft of Cosmetic Making with Essential Oils and Their Friends:

0 of 0 people found the following review helpful. Great for learning the basicsBy Nina GloverJust what I was looking for. Great for learning the basics.1 of 1 people found the following review helpful. Reviews form the first edition of this bookBy Jan BenhamReviews about the Creamy Craft and Baby Boomers Books Submitted By: Christine from North Vancouver, British Columbia on 11/24/2010Loyal Customer Since: 2005Rating:This book is a joy to read and I've learned so much!Submitted By: Deborah from Centennial, Colorado on 06/17/2009Loyal Customer Since: 2007Rating:I am so happy you have this book! I tried to make creams and lotions initially with the stearic acid, beeswax, Borax, water and oil method and was never successful. I always ended up with separation and it was nothing like lotion. I purchased this book and some Polawax (I already had the other basic ingredients), and have made some sensational creams and lotions from the excellent recipes in this book. The book is very easy to follow (although I had to convert the metric measurements) and there are some powerful recipes and remedies for all skin types. I am looking forward to making more of the recipes for different skin types as my recipe testers are VERY happy with the creams that I have made so far.Submitted By: Melanie from Toronto, Ontario on 04/20/2009Loyal Customer Since: 2005Rating:I just made one of the cream recipes from this book today! It was super easy and the cream is awesome! I can't wait to try out some of the other recipes. This book is informative and very easy to follow.Submitted By: Tracey

from Toronto, Ontario on 02/18/2009Loyal Customer Since: 2005Rating:One of only three books that I carry in my aromatherapy clinic, this book contains tried and true basic recipes with explanations for how to address a variety of health and beauty problems. Also included are glossaries of healthy and unhealthy ingredients to introduce you to natural products and natural preservatives.Submitted By: Stephanie from Burlington, Ontario on 11/22/2006Loyal Customer Since: 2005Rating:This book is great for anyone! It has a variety of recipes, some stress management tools, and substitution charts. A great beginning for anyone looking for some basics to build on.1 of 2 people found the following review helpful. Reviews from New Directions AromaticsBy Jan BenhamReviews about the Creamy Craft and Baby Boomers Books Submitted By: Christine from North Vancouver, British Columbia on 11/24/2010Loyal Customer Since: 2005Rating:This book is a joy to read and I've learned so much!Submitted By: Deborah from Centennial, Colorado on 06/17/2009Loyal Customer Since: 2007Rating:I am so happy you have this book! I tried to make creams and lotions initially with the stearic acid, beeswax, Borax, water and oil method and was never successful. I always ended up with separation and it was nothing like lotion. I purchased this book and some Polawax (I already had the other basic ingredients), and have made some sensational creams and lotions from the excellent recipes in this book. The book is very easy to follow (although I had to convert the metric measurements) and there are some powerful recipes and remedies for all skin types. I am looking forward to making more of the recipes for different skin types as my recipe testers are VERY happy with the creams that I have made so far.Submitted By: Melanie from Toronto, Ontario on 04/20/2009Loyal Customer Since: 2005Rating:I just made one of the cream recipes from this book today! It was super easy and the cream is awesome! I can't wait to try out some of the other recipes. This book is informative and very easy to follow.Submitted By: Tracey from Toronto, Ontario on 02/18/2009Loyal Customer Since: 2005Rating:One of only three books that I carry in my aromatherapy clinic, this book contains tried and true basic recipes with explanations for how to address a variety of health and beauty problems. Also included are glossaries of healthy and unhealthy ingredients to introduce you to natural products and natural preservatives.Submitted By: Stephanie from Burlington, Ontario on 11/22/2006Loyal Customer Since: 2005Rating:This book is great for anyone! It has a variety of recipes, some stress management tools, and substitution charts. A great beginning for anyone looking for some basics to build on.

Tired of using commercial cosmetics that bathe your body in chemicals and wreak havoc on your skin? In this book, learn how to make your own creams, lotions, lip balms and toners. Find out how to mix the essential oils to discover the cream that is you.