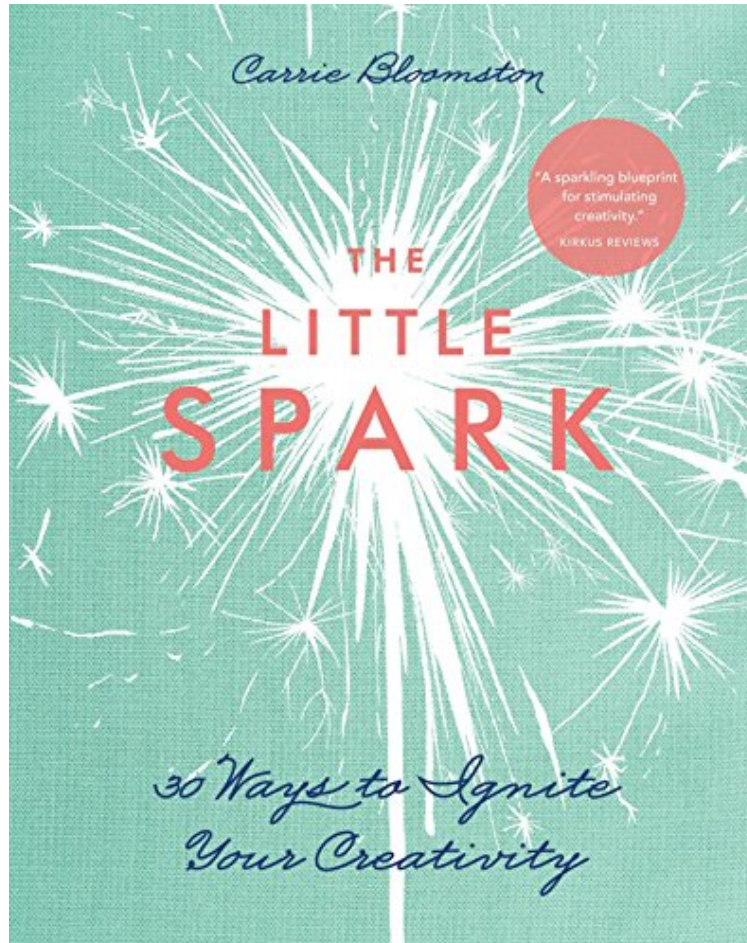


(Download free pdf) The Little Spark30 Ways to Ignite Your Creativity

The Little Spark30 Ways to Ignite Your Creativity

Carrie Bloomston

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Carrie Bloomston : The Little Spark30 Ways to Ignite Your Creativity before purchasing it in order to gage whether or not it would be worth my time, and all praised The Little Spark30 Ways to Ignite Your Creativity:

8 of 8 people found the following review helpful. Bite-sized nuggets to nurture and inspire your creativity!By ElainaThis book is full of bite-sized nuggets to nurture and inspire your creativity. Treat yourself to a night on the couch, perhaps a glass of wine? and savor each page -- filled with beautiful photos and ideas that you can put into practice right away. This book also makes a great gift for a friend, sister, mother, aunt, babysitter -- or anyone who could benefit from a little creative boost. Carrie is a real life creativity enabler, and also my friend. My kids have made paper lanterns, tooth fairy pillows and junk sculptures from her "bits and bobs" studio drawer. My daughter has traced her quilting patterns to make art for her bedroom walls. I myself have gone to many of her vision board workshops, where I enjoyed the community and conversation just as much as the cutting and pasting. I think my favorite tip is the jar of markers. I now have a jar of Sharpie markers on my desk at work, and just looking at it puts me in a more creative frame of mind. Okay -- you've spent enough time reading my little review. Now go order this book and enjoy the new spark it brings to your life!2 of 2 people found the following review helpful. Loved this book, so inspiringBy

Cameron L. Meerdink This is a great book to get you back into the creative spirit. It's no pressure, has tons of awesome tips, and reads well. I can't stand when books aren't well written, but this one is superb. It got me back into throwing pots again - so, a successful purchase, for sure! 1 of 1 people found the following review helpful. Great Great Book By lifeispeachy I love this book. I first saw it while perusing through a book store and decided to order it. I am glad I did. There are so many areas to really challenge what you think about yourself and your current perspective. If you need to be shaken up in a good way this book will do it. Makes me want to get up and work on things I have quit on. It reignites the fire that so many artists and creative people lose from getting bogged down by negativity and just life in general. Take advantage of the areas to write ideas and keep a pencil handy and save this for when you have quite time. It is good to be able to really answer some questions for yourself.

You were born with a creative spark inside. Do you look at yourself now and wonder if the spark has gone out? Ignite that inner fire with the 30 engaging exercises, fun activities, inspirational images, and motivating ideas in this book. Learn what your Little Spark of creative passion looks like, how to capture it, and how to make room for it in your life. Read the book cover-to-cover and use it as a month-long creative roadmap, or just dip into the exercises as your time and inclination allow. Either way, you will change your life.

A look back at 2014 best crafts books - Finally, there's The Little Spark (Stash Books), by Carrie Bloomston, which calls itself an interactive workbook for igniting creativity. Its peppered with tales from dancers, yogis, artists and more, and is filled with fun ideas. Bloomston's point: Unleash the spark of the creative life. It's a fine motto for embracing the new year. (Jennifer Forker Associated Press, December 2014) The book's design beautifully weaves together text, blank write-in spaces, stellar photos and a host of other charming design elements. A sparkling blueprint for stimulating creativity. (Kirkus, 12/18/14) Plunge into a riot of color and shape, slathered with a big helping of encouragement. Bloomston, a fabric designer trained as a painter, offers 30 tips for finding and nourishing the inner artist. Creativity books can be a bit pious, but this one emphasizes the fun of creation. The book is chock-full of concrete, hands-on tips that can help the newbie develop habits of creativity by making things and then making some more things, the principle of repetition (spark #23). (Publishers Weekly Starred) (Publishers Weekly, 10/7/14) According to fabric designer Bloomston, creativity is not something you do, it's who you are. Therefore, the author's exercises are designed to help readers think from their hearts and outside the box. Some of her sparks advise to get involved with physical materials by looking online for craft or community education classes or creating a ritual or talisman. Other ideas comprise removing doubt through positive self-talk and developing a sense of wonder through slowing down. The color photographs and layout of the book are particularly pleasing and inspiring. VERDICT A beneficial and enjoyable title for people who need a bit of a nudge to try something creative, or those who used to paint, write, or sew, who want to do it again. (Library Journal, 11/25/14) You may know Carrie Bloomston from her work as a rising star in the world of fabric design... Bubbling up inside of her was an idea about an unusual how-to book that would lay out in a playful fashion "all the pieces of wisdom that I've learned about creativity from my teachers, or picked up over the course of my life." She says at the beginning "Your creativity is like a pilot light -- it's always on, even if you aren't using the stove. Some of her exercises will help disrupt your normal way of working or looking at the world. Others help you deal with fears or figure out your working style. There are a few projects, including a vision board and something called a Soul Box. How can you not love a book in which the final spark is "Nothing You Need to Know is in This Book Or Any Other"-- but still guides you to be more playful and creative? This book is for any person you know who wants to make stuff, any kind of stuff, that is an authentic expression of themselves. (Meg Cox Quilt Journalist Newsletter, 11/24/14) I haven't felt this way about a book since The Four Agreements, which I purchased and gave away repeatedly. (One Girl Circus, 11/25/14) Carrie Bloomston's new book, The Little Spark 30 Ways to Ignite Your Creativity, has completely blown us away with page after page of absolutely inspiring exercises and images to get you out of any creative funk. As much as I wish every single day I woke up with a list full of new ideas, it doesn't always exactly happen that way, so a book like this is perfect for getting the wheels turning again. (Pretty Prudent, 12/4/14) Carrie writes with great passion, joy and honesty about her creative life. She shares her enthusiasm, her struggles, and her discoveries on her path to greater creativity and personal fulfillment. This is a deeply spiritual book. Not a religious book, but a book about finding meaning and contentment through personal growth, connections, and giving back. It's about harnessing your essential core your creativity and why it is so important to finding your bliss. (Susan Brubaker Knapp Quilting Arts TV, 12/4/14) Learn techniques you can use to cultivate your creative life and live a more creative life. (The Applique Society Newsletter, January 2015) Everyone is born with a creative spark inside, although many may feel that it's gotten lost amongst their hectic lives. Thirty engaging exercises, fun activities, inspirational images, and motivating ideas help creative minds recapture that spark and make room for it in their lives. Whether done once a day, once a week, or once a month, these exercises inspire a more creative life. (American Sewing Guild Notions, Spring 2015) About the Author Carrie Bloomston is a fabric designer and the artist behind SUCH Designs. Her work has been featured in magazines including QuiltMania, Stitch, Cloth Paper Scissors, Generation Q Magazine, Quilts and More, and Studios. Carrie lives in Phoenix, Arizona. such-

